



25th September 2026

Dear Parent/Carer,

Year Six Swimming Sessions: Rescue Lesson – 6CB

Your child will be participating in a self-rescue lesson during their swimming session on Wednesdays 14th and 21st October.

For this particular lesson, pupils will be required to bring a pair of shorts and a T-shirt to wear over their usual swimming kit. This will support the teaching of water safety and rescue techniques, specifically those used in the event of accidentally falling into a body of water while clothed. It is essential that all clothing brought for this lesson is lightweight to ensure safety and ease of movement.

Yours sincerely,

Miss Angela Connor
Acting Assistant Head